

PARKLANDS CAFÉ MENU

HOT DRINKS

Espresso, Long Black \$4.5

Cappuccino, macchiato, piccolo, flat white, latte, mocha \$5

Babyccino \$2.5

Tea \$4.5

English breakfast, early grey, green, chamomile, peppermint, lemon and ginger

Tumeric latte, matcha latte, chai, hot chocolate, dirty chai \$5

Ice Latte \$6.5

Upsize to a large – **add extra \$1**

Milk +.50

Soy, almond, oat, lactose free

Coffee Syrup +\$1

Caramel, Hazelnut or vanilla - add extra

SOFT DRINKS

Coca Cola 600ml Range \$6

Mt Franklin Still Water 600ml \$4

Mt franklin Lightly Sparkling 450ml \$6

Mt Franklin Still Water 1.5lt \$8

Poppa Juice \$3.5

Mojo Juice \$6

Red Bull \$6

Powerade \$7

MILK SHAKES

Milkshake your choice of chocolate, strawberry, banana, vanilla or caramel
small \$6
large \$8

Swiss Shake

Enormous amounts of vanilla ice-cream, milk and malt with your choice of Chocolate, strawberry, vanilla, caramel and banana
½ Pint \$7
Pint \$10

SMOOTHIES

Summer Set \$9

Strawberry, mango, milk, yoghurt and honey

Triple Berry \$9

Mixed berries, milk, yoghurt, honey

JUICES

Red Rush \$8

Ginger, lime, beetroot, carrot and celery

Green Grin \$8

Cucumber, capsicum, celery

Watermelon Crush \$8

Watermelon and ice

PROTEIN SHAKES

Original \$9

Milk, yoghurt, ice and protein powder (chocolate or vanilla)

Avocado

Avocado, banana, yoghurt, milk protein powder (chocolate or vanilla) honey yoghurt

Berry

Protein powder (chocolate or vanilla) mixed berries, pineapple, water

FRAPPES

Coffee Frappe \$7

Milk, double espresso shot, ice cream, ice, blended

Chocolate Frappe \$7

Milk, chocolate, ice cream, ice, blended

COCKTAILS

Bloody Mary \$13

Lemon juice, worcestershire sauce, tabasco, vodka and pepper

Virgin Mary \$10

Lemon juice, worcestershire sauce, tabasco and pepper

SPARKLING WINE ^G ^B

Wolf Blass Bilyara Sparkling
Multi-regional, SA \$11.5 \$54

WHITE WINE

Wolf Blass Bilyara Chardonnay
Multi-regional, SA \$11.5 \$54

Seppelt 'Drives' Chardonnay \$9
Grampian, VIC \$12.5 \$62

Wolf Blass Bilyara Sauvignon Blanc
Multi-regional, SA \$11.5 \$54

T'gallant Grace Pinot Grigio
Mornington, VIC \$70

RED WINE

Tempus Two Shiraz
Series Shiraz, NSW \$11.5 \$54

Pepperjack Shiraz McLaren \$90

St Huberts 'Stag' Pinot Noir
Yarra Valley, VIC \$75

BEER

Heineken \$12

Hahn super dry \$9

Hahn super dry 3.5% \$7